

Race	Ov Pos	Name	No	Gender	Category	Club	Time	Cat Pos	Run 1	T1	Cycle	T2	Run 2
Main	16	Julie Erskine	14	Female	Senior	Unattached	01:54:17	1	00:17:48	00:01:03	01:16:57	00:00:36	00:17:51
Main	24	Liz Delaney	22	Female	Senior	Unattached	02:03:07	2	00:19:26	00:01:20	01:20:35	00:01:23	00:20:21
Main	29	Lisa Leonard	15	Female	Senior	Fleetfeet Tri	02:08:03	3	00:21:42	00:00:35	01:22:07	00:00:42	00:22:54
Main	30	Olwen Fraser	4	Female	Senior	Unattached	02:08:30	4	00:20:27	00:00:34	01:23:54	00:00:35	00:22:58
Main	21	Tracey Sahraie	11	Female	Veteran	Three Peaks Tri	01:58:50	1	00:21:34	00:00:41	01:13:35	00:00:40	00:22:17
Main	33	Elaine Stewart	9	Female	Super Vet	Cosmics	02:13:00	1	00:21:59	00:01:13	01:25:45	00:01:02	00:22:59
Main	1	John Blunsdon	28	Male	Senior	Deeside Thistle CC	01:36:12	1	00:15:51	00:00:31	01:02:20	00:00:23	00:17:04
Main	2	Sean McFarlane	1	Male	Senior	Unattached	01:37:24	2	00:16:35	00:00:36	01:02:19	00:00:35	00:17:16
Main	17	Eoghan O'Neill	26	Male	Senior	Stonehaven Running Club	01:56:18	3	00:17:50	00:00:54	01:18:16	00:00:43	00:18:33
Main	22	Ross McDonald	36	Male	Senior	Unattached	01:59:14	4	00:18:33	00:00:49	01:17:49	00:00:38	00:21:22
Main	27	Dave Cowie	27	Male	Senior	Unattached	02:05:08	5	00:20:29	00:00:59	01:20:22	00:01:12	00:22:02
Main	35	Martin Hedges	12	Male	Senior	Unattached	02:16:55	6	00:20:28	00:00:34	01:31:49	00:00:25	00:23:36
Main	3	Jake Vellacott	21	Male	Veteran	Fleet-Foot Tri Club/RRT	01:38:42	1	00:15:48	00:00:37	01:03:51	00:00:32	00:17:51
Main	4	Dave Cummins	19	Male	Veteran	Highland Hill Runners	01:40:23	2	00:15:50	00:00:36	01:06:56	00:00:41	00:16:18
Main	7	Frankie Barron	17	Male	Veteran	Keith & Distict	01:43:53	3	00:16:03	00:00:46	01:09:04	00:00:38	00:17:19
Main	8	Andy Redman	3	Male	Veteran	Fleetfeet Tri	01:44:55	4	00:17:03	00:00:20	01:07:45	00:00:18	00:19:26
Main	9	Alan Smith	32	Male	Veteran	Deeside Runners	01:46:38	5	00:16:42	00:00:43	01:10:40	00:00:27	00:18:03
Main	10	Kevin Adam	35	Male	Veteran	Fleet Feet Triathletes	01:49:20	6	00:17:11	00:00:29	01:13:19	00:00:37	00:17:42
Main	12	Victor Allan	31	Male	Veteran	Three Peaks Triathletes	01:50:52	7	00:18:30	00:00:48	01:11:42	00:00:35	00:19:14
Main	13	Colin Larmour	16	Male	Veteran	Cosmic Hillbashers	01:51:31	8	00:18:29	00:00:27	01:14:32	00:00:26	00:17:34
Main	14	Jim Hamilton	23	Male	Veteran	Metro Aberdeen	01:51:38	9	00:17:41	00:00:56	01:14:03	00:00:46	00:18:10
Main	18	Mark Lewis	34	Male	Veteran	Tri Lakeland	01:57:15	10	00:17:53	00:00:26	01:17:42	00:00:26	00:20:46
Main	19	Gary Hayes	30	Male	Veteran	Fleet Feet	01:57:57	11	00:18:58	00:00:37	01:16:23	00:00:32	00:21:24
Main	20	Arash Sahraie	29	Male	Veteran	Three Peaks Triathletes	01:58:31	12	00:18:18	00:00:52	01:17:53	00:01:12	00:20:13
Main	25	Sandy Smith	8	Male	Veteran	Unattached	02:03:46	13	00:19:37	00:01:21	01:20:24	00:01:03	00:21:18
Main	28	Colin Calder	2	Male	Veteran	Unattached	02:06:18	14	00:20:16	00:00:36	01:19:54	00:00:49	00:24:41
Main	31	Alan Fyfe	20	Male	Veteran	Three Peaks Tri	02:09:59	15	00:20:28	00:01:13	01:24:05	00:01:14	00:22:57
Main	34	Ben Walls	33	Male	Veteran	Unattached	02:13:26	16	00:20:51	00:01:15	01:26:54	00:01:16	00:23:07
Main	5	Keith Varney	5	Male	Super Vet	Cosmic Hill Bashers	01:42:20	1	00:16:10	00:00:56	01:07:47	00:00:47	00:16:36
Main	6	Douglas Cowie	18	Male	Super Vet	Forres Harriers	01:42:38	2	00:16:02	00:00:21	01:08:40	00:00:23	00:17:09
Main	11	Steve Helmore	24	Male	Super Vet	Cosmic Hill Bashers	01:49:59	3	00:17:31	00:01:21	01:12:02	00:00:51	00:18:11
Main	15	Robin Gatenby	37	Male	Super Vet	Ming The Merciless	01:53:12	4	00:17:38	00:01:28	01:13:29	00:01:12	00:19:22
Main	23	Brian Thomson	7	Male	Super Vet	Unattached	02:02:43	5	00:18:36	00:01:43	01:21:33	00:01:27	00:19:22
Main	26	Bill Henderson	10	Male	Super Vet	Cosmic Hillbashers	02:03:46	6	00:21:44	00:00:52	01:18:13	00:00:43	00:22:11
Main	32	Chris Drury	6	Male	Super Vet	Keith & Distict	02:11:42	7	00:18:26	00:01:19	01:29:14	00:00:43	00:21:57